

Maine State Library Digital Maine

All Bureau of Labor Standards Documents

Bureau of Labor Standards

April 2018

Maine VDT Law

Labor/Labor Standards

Follow this and additional works at: http://digitalmaine.com/bls_docs

Recommended Citation

Labor/Labor Standards, "Maine VDT Law" (2018). *All Bureau of Labor Standards Documents*. 611.
http://digitalmaine.com/bls_docs/611

This Text is brought to you for free and open access by the Bureau of Labor Standards at Digital Maine. It has been accepted for inclusion in All Bureau of Labor Standards Documents by an authorized administrator of Digital Maine. For more information, please contact statedocs@maine.gov.

MAINE
DEPARTMENT OF
LABOR
Labor Standards

LIBRARY USE ONLY

THE MAINE VDT LAW

Maine has a VDT law that gives VDT operators certain rights. If you work on a VDT for more than four hours a day you are a VDT operator.

Your employer must train you to use your VDT and to avoid or minimize conditions that may arise from long or improper use.

Your employer must train you on the importance of proper posture when you use a VDT and how to adjust your workstation to achieve proper posture.

Your employer must train you within the first month of your being hired and once a year after.

Your employer must post a notice of your rights under this law.

If you have questions about this law you can call the Bureau of Labor Standards at 624-6400.